"Today I Know how to Protect Myself Much Better" – Evaluation of an Education and Prevention Plan on Sex, Sexually-transmitted Diseases and Sexuality Among Adolescents at Risk

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During the years 2007 to 2009 the Lewinsky Clinic operated workshops on issues of sex, sexuality and sexually-transmitted diseases among populations at increased risk. The intervention was funded by the Committee for Health Promotion of the Ministry of Health. The purpose of the summative evaluation presented in this article is to examine the extent to which the intervention's desired outcomes were achieved. Program evaluation was performed at three of the services where the workshops took place – a rehabilitation center for adolescent boys and two youth hostels for adolescent girls in distress – and was conducted from November 2009 to January 2010. The evaluation research included seven interviews: two interviews with hostels managers, one with the workshop's leader and three with workshop participants. Data gathering also included meeting observation and inspection of records. Findings are presented in three major themes: the program's effects on participants, the program's effects on the service and the program's strengths and weaknesses. The discussion includes re-observation of the program and its various components.

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